

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>2</u> 9:00 am Qi Gong 10:00 am Exercises</p>	<p><u>3</u> 9:00 am Qi Gong 10:00 am Exercises 11:00 am Chorus 1:00 pm Quilting 1:30 pm Scrabble 1:30 pm Floor Games 5:00 pm Meal Program</p>	<p><u>4</u> 10:00 am Exercises 5:00 pm Meal Program 1:00 pm Arthritis Support</p>	<p><u>5</u> 9:00 am Qi Gong 10:00 am Exercises 1:30 pm Grief Support 1:30 pm Sip & Stitch</p>	<p><u>6</u> 1:00 pm Bingo 5:00 pm Meal Program</p>
<p><u>9</u> 9:00 am Qi Gong 10:00 am Exercises <i>Perogy Order Deadline</i></p>	<p><u>10</u> 9:00 am Qi Gong 10:00 am Exercises 11:00 am Chorus 1:00 pm Quilting 1:30 pm Scrabble 1:30 pm Floor Games 5:00 pm Meal Program</p>	<p><u>11</u> 10:00 am Exercises 5:00 pm Meal Program <i>6:00 pm Dance Lessons</i> <i>7:00 pm Family Support</i> <i>...for family & friends of</i> <i>individuals who have mental</i> <i>illness.</i></p>	<p><u>12</u> 9:00 am Qi Gong 10:00 am Exercises 1:30 pm Sip & Stitch <i>Perogy Pick up</i> <i>*Can You Help Pinch?*</i></p>	<p><u>13</u> 1:00 pm Bingo 5:00 pm Meal Program</p>
<p><u>16</u> 9:00 am Qi Gong 10:00 am Exercises 7:00 pm Mood Disorder Support</p>	<p><u>17</u> 9:00 am Qi Gong 10:00 am Exercises 11:00 am Chorus 1:00 pm Quilting 1:30 pm Scrabble 1:30 pm Floor Games 5:00 pm Meal Program</p> 	<p><u>18</u> 10:00 am Exercises 5:00 pm Meal Program <i>Dinner & Movie</i> <i>"Knives Out"</i> <i>Dinner 5:00 Movie 6:00</i></p>	<p><u>19</u> 9:00 am Qi Gong 10:00 am Exercises 1:30 pm Sip & Stitch <i>OPEN MIC NITE</i> <i>7:00</i></p>	<p><u>20</u> 1:00 pm Bingo 5:00 pm Meal Program</p>
<p><u>23</u> 9:00 am Qi Gong 10:00 am Exercises <i>Perogy Order Deadline</i></p>	<p><u>24</u> 9:00 am Qi Gong 10:00 am Exercises 11:00 am Chorus 1:00 pm Quilting 1:30 pm Scrabble 1:30 pm Floor Games 5:00 pm Meal Program</p>	<p><u>25</u> 10:00 am Exercises 5:00 pm Meal Program <i>6:00 pm Dance Lessons</i> <i>Perogy Pick up</i> <i>*Can You Help Pinch?*</i></p>	<p><u>26</u> 9:00 am Qi Gong 10:00 am Exercises 1:30 pm Sip & Stitch</p>	<p><u>27</u> 1:00 pm Bingo 5:00 pm Meal Program</p>
<p><u>30</u> 9:00 am Qi Gong 10:00 am Exercises <i>Lunch & Learn</i> Cancer Navigation Services Prairie Mountain Health Pre-register</p>	<p><u>31</u> 9:00 am Qi Gong 10:00 am Exercises 11:00 am Chorus 1:00 pm Quilting 1:30 pm Scrabble 1:30 pm Floor Games 5:00 pm Meal Program</p>	<p>BINGO EVERY FRIDAY & SUNDAY 1:00 P.M.</p>	<p>Free Coffee 9:00am-5:00pm Every Wednesday</p>	<p><i>Saturday</i> <i>March 21</i> <i>Market Expo</i> <i>10-3</i></p>