



SENIOR CENTRE MENU 2019

DINE IN
\$7.00

204-638-6485

DINE OUT
\$8.00

| TUESDAY | WEDNESDAY | FRIDAY |
|---|---|---|
| All meals follow Canada food guide. Meals are subject to change | | <u>2</u> <i>SMOKIES MAC AND CHEESE DESSERT</i> |
| <u>6</u> <i>S&S MEATBALLS RICE DESSERT</i> | <u>7</u> <i>BRAISED STEAK DESSERT</i> | <u>9</u> <i>HAM COLD PLATE DESSERT</i> |
| <u>13</u> <i>ROAST BEEF DESSERT</i> | <u>14</u> <i>HONEY GARLIC CHKN RICE DESSERT</i> | <u>16</u> <i>BAKED PORK CHOP VEGGIES DESSERT</i> |
| <u>20</u> <i>LIVER AND ONIONS DESSERT</i> | <u>21</u> <i>BBQ BURGER SALAD DESSERT</i> | <u>23</u> <i>CHKN CORDON BLU DESSERT</i> |
| <u>27</u> <i>BEEF SAUSAGE DESSERT</i> | <u>28</u> <i>BAKED FISH DIU SAUCE RICE DESSERT</i> | <u>30</u> <i>CARRIBEAN CHICKEN DESSERT</i> |

Please reserve/cancel your meal by 4:00 p.m. the previous day.
You will be charged for uncancelled meals.

SUPPER WILL BE SERVED 5 PM