


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2  <i>BINGO</i> <i>1:00 pm</i>	3 9:00 am Qi Gong  <i>Join us for Staff Appreciation from 2-4 p.m.</i>	4 1:00 pm Quilting 1:30 pm Scrabble 1:30 pm Floor Games 5:00 pm Meal Program	5 <i>1:00 pm Arthritis Support</i> 5:00 pm Meal Program	6 9:00 am Qi Gong 1:30 pm Sip & Stitch <i>1:00 pm Grief Support</i>	7 1:00 pm Bingo 5:00 pm Meal Program 7:15 pm Crib Night	8
9  <i>BINGO</i> <i>1:00 pm</i>	10 9:00 am Qi Gong	11 1:00 pm Quilting 1:30 pm Scrabble 1:30 pm Floor Games 5:00 pm Meal Program	12 Dauphin Senior Centre <b>AGM</b> <b>1:30 P.M.</b>  5:00 pm Meal Program  <i>6:00 pm Dance Class</i>  <i>7:00 pm Family Support</i> <i>...for family &amp; friends of individuals</i> <i>who have mental illness.</i>	13 9:00 am Qi Gong 1:30 pm Sip & Stitch  <b>Annual BBQ &amp; Dance</b> <b>1:30 p.m.</b>	14 1:00 pm Bingo 5:00 pm Meal Program 7:15 pm Crib Night	15
16  <i>BINGO</i> <i>1:00 pm</i> 	17 9:00 am Qi Gong <i>7:00 pm Mood Disorder Support</i>	18 1:00 pm Quilting 1:30 pm Scrabble 1:30 pm Floor Games 5:00 pm Meal Program	19  <i>Healthy Feet Presentation</i> <i>9:30 am</i>  5:00 pm Meal Program  <i>Dinner &amp; Movie</i> <i>"The Upside"</i> <i>Dinner 5:00 Movie 6:15</i>	20 9:00 am Qi Gong 1:30 pm Sip & Stitch	21 1:00 pm Bingo 5:00 pm Meal Program 7:15 pm Crib Night	22
23  <i>BINGO</i> <i>1:00 pm</i>	24 9:00 am Qi Gong	25 1:00 pm Quilting 1:30 pm Scrabble 1:30 pm Floor Games 5:00 pm Meal Program	26 5:00 pm Meal Program	27 9:00 am Qi Gong 1:30 pm Sip & Stitch	28 1:00 pm Bingo 5:00 pm Meal Program 7:15 pm Crib Night	29
30  <i>BINGO</i> <i>1:00 pm</i>						