



**DINE IN  
\$7.00**

**SENIOR CENTRE MENU 2019**

**DINE OUT  
\$8.00**

**204-638-6485**

<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>FRIDAY</b>
<p><b>All meals follow Canada food guide. Meals are subject to change</b></p>	<p><u>1</u> BAKED FISH RICE VEG DESSERT</p>	<p><u>3</u> DRY RIBS SALAD DESSERT</p>
<p><u>7</u> BEEF SAUSAGE VEG DESSERT</p>	<p><u>8</u> HAMBURGER STEAK &amp; ONIONS VEG DESSERT</p>	<p><u>10</u> BAKED PORK CHOPS VEG DESSERT</p>
<p><u>14</u> LASAGNA SALAD DESSERT</p>	<p><u>15</u> HONEY GARLIC CHICKEN RICE DESSERT</p>	<p><u>17</u> CHICKEN CORDON BLUE SALAD DESSERT</p>
<p><u>21</u> BRAISED STEAK VEG DESSERT</p>	<p><u>22</u> LIVER &amp; ONIONS VEG DESSERT</p>	<p><u>24</u> SWEET &amp; SOUR MEATBALLS RICE DESSERT</p>
<p><u>28</u> VEAL CUTLET VEG DESSERT</p>	<p><u>29</u> BBQ BURGER SALAD DESSERT</p>	<p><u>31</u> CARRIBEAN CHICKEN RICE DESSERT</p>

**Please reserve/cancel your meal by 4 pm the previous day. You will be charged for uncancelled meals. SUPPER SERVED AT 5 PM.**