

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						¹ <i>DMPSC Christmas Dinner</i>
²  <i>1:00 pm</i>	³ 10:00 am Exercises	⁴ 9:30 am Floor Exercises 10:00 am Exercises 11:00am Community Chorus 1:00 pm Quilting 1:30 pm Scrabble 1:30 pm Floor Games 5:00 pm Meal Program	⁵ 10:00 am Exercises <i>1:00 pm Arthritis Support Group</i> 5:00 pm Meal Program	⁶ 9:30 am Floor Exercises 10:00 am Exercises <i>11:30 am Cyber Seniors</i> <i>1:00 pm Grief Support</i> 1:30 pm Sip & Stitch	⁷ 1:00 pm Bingo 5:00 pm Meal Program 7:15 pm Crib Night	⁸
⁹  <i>1:00 pm</i>	¹⁰ 10:00 am Exercises	¹¹ 9:30 am Floor Exercises 10:00 am Exercises 11:00am Community Chorus 1:00 pm Quilting 1:30 pm Scrabble 1:30 pm Floor Games 5:00 pm Meal Program <i>7:00 pm Family Support ...for family & friends of indi- viduals who have mental ill- ness.</i>	¹² 10:00 am Exercises 5:00 pm Meal Program <i>6:00 pm Dance Class</i>	¹³ 9:30 am Floor Exercises 10:00 am Exercises <i>11:30 am Cyber Seniors</i> 1:30 pm Sip & Stitch	¹⁴ 1:00 pm Bingo 5:00 pm Meal Program 7:15 pm Crib Night	¹⁵
¹⁶  <i>1:00 pm</i>	¹⁷ <i>7:00 pm Mood Disorder Support</i>	¹⁸ 1:00 pm Quilting 1:30 pm Scrabble 1:30 pm Floor Games 5:00 pm Meal Program	¹⁹ <i>Dinner & Movie "The Man Who Invented Christmas" Dinner 5:00 Movie 6:15</i>	²⁰ 1:30 pm Sip & Stitch <i>Christmas Dance 7:00-11:00 pm</i>	²¹ 1:00 pm Bingo 5:00 pm Meal Program 7:15 pm Crib Night	
²³  <i>1:00 pm</i>	²⁴ <i>Centre closes at noon</i>	²⁵ <i>Merry Christmas Closed</i>	²⁶ <i>Happy Boxing Day closed</i>	²⁷ 1:30 pm Sip & Stitch	²⁸ 1:00 pm Bingo 5:00 pm Meal Program 7:15 pm Crib Night	
³⁰  <i>1:00pm</i>	³¹ <i>Centre closes at noon</i> <hr/> <i>DMPSC New Years Eve Party</i>					