



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				¹ 9:30 am Floor Exercises 10:00 am Exercises 1:30 pm Sip & Stitch <i>1:30 pm Grief Support</i>	² 1:00 pm Bingo 5:00 pm Meal Program 7:15 pm Crib Night	³
⁴  <i>1:00 pm</i>	⁵ 9:00 am Qi Gong 10:00 am Exercises	⁶ 9:30 am Floor Exercises 10:00 am Exercises 11:00am Community Chorus 1:00 pm Quilting 1:30 pm Scrabble 1:30 pm Floor Games 5:00 pm Meal Program	⁷ 10:00 am Exercises <i>1:00 pm Arthritis Support Group</i> 5:00 pm Meal Program Gordon Goldsborough's <i>More Abandoned Manitoba</i> 7:00 pm	⁸ 9:00 am Qi Gong 10:00 am Exercises <i>11:30 am Cyber Seniors 2:00-6:00 pm FLU CLINIC</i> 1:30 pm Sip & Stitch	⁹ 1:00 pm Bingo 5:00 pm Meal Program 7:15 pm Crib Night	¹⁰
¹¹ National Film Board's JOHN MCRAE'S WAR <i>2:00 pm</i> <i>NO BINGO</i>	¹² 9:00 am Qi Gong 10:00 am Exercises	¹³ 9:30 am Floor Exercises 10:00 am Exercises 11:00am Community Chorus 1:00 pm Quilting 1:30 pm Scrabble 1:30 pm Floor Games 5:00 pm Meal Program <i>7:00 pm Family Support ...for family & friends of individuals who have mental illness.</i>	¹⁴ 10:00 am Exercises 5:00 pm Meal Program <i>6:00 pm Dance Class</i> <i>7:00 pm Chase the Chill</i>	¹⁵ 9:00 am Qi Gong 10:00 am Exercises 1:30 pm Sip & Stitch	¹⁶ <i>10:00 am Men's Shed Meeting</i> 1:00 pm Bingo 5:00 pm Meal Program 7:15 pm Crib Night	¹⁷
¹⁸  <i>1:00 pm</i>	¹⁹ 9:00 am Qi Gong 10:00 am Exercises <i>7:00 pm Mood Disorder Support</i>	²⁰ 9:30 am Floor Exercises 10:00 am Exercises 11:00am Community Chorus 1:00 pm Quilting 1:30 pm Scrabble 1:30 pm Floor Games 5:00 pm Meal Program	²¹ 10:00 am Exercises 5:00 pm Meal Program <i>DMPSC FALL GENERAL MEETING 1:30 PM</i> <i>Dinner & Movie "Book Club"</i> <i>Dinner 5:00 Movie 6:15</i>	²² 9:00 am Qi Gong 10:00 am Exercises <i>11:30 am Cyber Seniors 1:00 pm Dauphin Public Library "e-resources"</i> 1:30 pm Sip & Stitch <i>Dance 7:00-11:00 pm</i>	²³ 1:00 pm Bingo 5:00 pm Meal Program 7:15 pm Crib Night	²⁴ FESTIVE FAIR 10:00am to 3:00pm
²⁵  <i>1:00 pm</i>	²⁶ 9:00 am Qi Gong 10:00 am Exercises	²⁷ 9:30 am Floor Exercises 10:00 am Exercises 11:00am Community Chorus 1:00 pm Quilting 1:30 pm Scrabble 1:30 pm Floor Games 5:00 pm Meal Program	²⁸ 10:00 am Exercises 5:00 pm Meal Program <i>6:00 pm National Film Board -film</i> <i>6:00 pm Dance Class</i> <i>7:00 pm Chase the Chill</i>	²⁹ 9:00 am Qi Gong 10:00 am Exercises 1:30 pm Sip & Stitch	³⁰ 1:00 pm Bingo 5:00 pm Meal Program 7:15 pm Crib Night	