SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3				9:30 am Floor Exercises 10:00 am Exercises 1:30 pm Sip & Stitch 1:30 pm Sit & Paint	2 1:00 pm Bingo 5:00 pm Meal Program 7:15 pm Crib Night	<u>3</u>
4 1:00 pm Bingo	5 10:00 am Exercises 1:30 pm Floor Games	9:30 am Floor Exercises 10:00 am Exercises 1:00 pm Quilting 1:30 pm Scrabble 1:30 pm Floor Games 5:00 pm Meal Program	7 10:00 am Exercises Technology Support 1:30-3:00 5:00 pm Meal Program 7:00 pm Arthritis Support	9:30 am Floor Exercises 10:00 am Exercises 1:30 pm Sip & Stitch	9 1:00 pm Bingo 5:00 pm Meal Program 7:15 pm Crib Night	<u>10</u>
11 1:00 pm Bingo	12 10:00 am Exercises  Valentine's Dance 1:30-4:00p.m.  7:00 pm Mood Disorder Support	9:30 am Floor Exercises 10:00 am Exercises 11:00 am Community Chorus 1:00 pm Quilting 1:30 pm Scrabble 1:30 pm Floor Games 5:00 pm Meal Program	10:00 am Exercises 5:00 p.m. Meal Program	9:30 am Floor Exercises 10:00 am Exercises 1:30 pm Sip & Stitch 1:30 pm Sit & Paint	1:00 pm Bingo 5:00 pm Meal Program 7:15 pm Crib Night	<u>17</u>
18 1:00 pm Bingo	19 10:00 am Exercises 1:30 pm Floor Games	9:30 am Floor Exercises 10:00 am Exercises 11:00 am Community Chorus 1:00 pm Quilting 1:30 pm Scrabble 1:30 pm Floor Games 5:00 pm Meal Program	21 10:00 am Exercises  Technology Support 1:30-3:00  Dinner & Movie "Crooked House" Dinner 5:00 Movie 6:15	9:30 am Floor Exercises 10:00 am Exercises 1:30 pm Sip & Stitch  Report to a Rendezvous 7:00 p.m.	23 1:00 pm Bingo 5:00 pm Meal Program 7:15 pm Crib Night	24 Pancake Brunch 10:00am to 1:00pm
25 1:00 pm Bingo	26 10:00 am Exercises Body & Mind Wellness Expo 10:00 am	9:30 am Floor Exercises 10:00 am Exercises 11:00 am Community Chorus 1:00 pm Quilting 1:30 pm Scrabble 1:30 pm Floor Games 5:00 pm Meal Program	28 10:00 am Exercises  "Please Bring Your Guitar" 2:00 pm  5:00 pm Meal Program			B