

OCTOBER

Dauphin Multi-Purpose Senior Centre

Dine-in - \$7.00

Meals are served at 5:00 p.m.

Take-out - \$8.00

TUESDAY	WEDNESDAY	FRIDAY
<p><u>3</u> Swedish Meatballs Salad Dessert</p>	<p><u>4</u> Swiss Steak Salad Dessert</p>	<p><u>6</u> Chicken Breast with Stuffing Mashed Potato</p>
<p><u>10</u> Braised Steak Salad Dessert</p>	<p><u>11</u> Veal Cutlets Potato Salad</p>	<p><u>13</u> Sweet & Sour Meatballs Rice Dessert</p>
<p><u>17</u> Pulled Pork on a Bun Potato Casserole Dessert</p>	<p><u>18</u> Fillet of Haddock Dill Sauce Rice Pilaf</p>	<p><u>20</u> Lasagne Garlic Bread Caesar Salad</p>
<p><u>24</u> Sweet & Sour Meatloaf Rice</p>	<p><u>25</u> Hot Pork Sandwich Platter</p>	<p><u>27</u> Chicken Cordon Blue Potato Dessert</p>
<p><u>31</u> Goblin Stew Biscuits</p>		

All meals must be reserved/cancelled by 4:00 p.m. the previous day, call 204-638-6485 leave a message on the answering machine or stop in to see us. Meals include potato, pasta or rice, vegetable, salad, meat, poultry or fish & dessert.

We consider the Canada Food Guide for meal planning and portion sizes.

ALL MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE