

SEPTEMBER

Dauphin Multi-Purpose Senior Centre

Dine-in - \$7.00

Meals are served at 5:00 p.m.

Take-out - \$8.00

TUESDAY	WEDNESDAY	FRIDAY
		1 Chicken Club on a Kaiser Bun Potato Salad
5 Sweet & Sour Meatloaf Rice Pilaf	6 Hot Chicken Platter	8 Saucy Pork Chops Mashed Potato
12 Liver 7 Onions Mashed Potato	13 Fish Dill Sauce Rice Pilaf	15 Chicken Parmesan Mashed Potato
19 Lasagne Garlic Bread Caesar Salad	20 Chicken Cordon Blue Salad	22 Pulled Pork On a Bun Salad Bar
26 Hamburger Steak	27 Honey Garlic Chicken Rice	29 Roast Pork Loin Dinner

All meals must be reserved/cancelled by 4:00 p.m. the previous day, call 204-638-6485 leave a message on the answering machine or stop in to see us. Meals include potato, pasta or rice, vegetable, salad, meat, poultry or fish & dessert.

We consider the Canada Food Guide for meal planning and portion sizes.

ALL MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE