Dauphin Multi-Purpose Senior Centre 55-1st Avenue SE, Dauphin 204.638.6485 May 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 10:00 am Exercises 1:30 pm Floor Games	2 9:30 am Floor exercises 10:00 am Exercises 1:00 pm Quilting 1:30 pm Scrabble 1:30 pm Colouring 1:30 pm Floor Games 5:00 pm Meal Program 7:00 pm 500 Card Party	3 10:00 am Exercises 5:00 pm Meal Program 7:00 pm Arthritis Support	4 9:30 am Floor exercises 10:00 am Exercises 1:30 pm Sip & Stitch	5 1:00 pm Bingo 5:00 pm Meal Program 7:15 pm Crib Night	6
7 1:00 pm Bingo	8 10:00 am Exercises 1:30 pm Floor Games	9 9:30 am Floor exercises 10:00 am Exercises 1:00 pm Quilting 1:30 pm Scrabble 1:30 pm Colouring 1:30 pm Floor Games 5:00 pm Meal Program 7:00 pm 500 Card Party	10 10:00 am Exercises 5:00 pm Meal Program	11 9:30 am Floor exercises 10:00 am Exercises 1:30 pm Sip & Stitch	12 1:00 pm Bingo 5:00 pm Meal Program 7:15 pm Crib Night	13
14 1:00 pm Bingo 	15 10:00 am Exercises 1:30 pm Floor Games 7:00 pm Mood Disorder Support Group	16 9:30 am Floor exercises 10:00 am Exercises 11:00 am Community Chorus 1:00 pm Quilting 1:30 pm Scrabble 1:30 pm Colouring 1:30 pm Floor Games 5:00 pm Meal Program 7:00 pm 500 Card Party	17 10:00 am Exercises 5:00 pm Meal Program	18 9:30 am Floor exercises 10:00 am Exercises 1:30 pm Sip & Stitch 7:00pm Brain Injury Support	19 1:00 pm Bingo 5:00 pm Meal Program 7:15 pm Crib Night	20
21 1:00 pm Bingo	22 	23 9:30 am Floor exercises 10:00 am Exercises 11:00 am Community Chorus 1:00 pm Quilting 1:30 pm Scrabble 1:30 pm Colouring 1:30 pm Floor Games 5:00 pm Meal Program 7:00 pm 500 Card Party	24 10:00 am Exercises 5:00 pm Meal Program Dinner & Movie at the centre "Hidden Figures" Dinner 5:00 Movie 6:15	25 9:30 am Floor exercises 10:00 am Exercises 1:30 pm Sip & Stitch	26 1:00 pm Bingo 5:00 pm Meal Program 7:15 pm Crib Night	27
28 1:00 pm Bingo	29 10:00 am Exercises 1:30 pm Floor Games	30 9:30 am Floor exercises 10:00 am Exercises 11:00 am Community Chorus 1:00 pm Quilting 1:30 pm Scrabble 1:30 pm Colouring 1:30 pm Floor Games 5:00 pm Meal Program 7:00 pm 500 Card Party	31 10:00 am Exercises 5:00 pm Meal Program			